



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	<u>Line 1-2 Page 1</u>
Key Words	2	Four to seven key words—include “case report” as one of the key words	<u>Line 18-19 Page 1</u>
Abstract	3a	Background: What does this case report add to the medical literature?	<u>Line 6-9 Page 1</u>
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	<u>Line 6-16 Page 1</u>
	3c	Conclusion: What is the main “take-away” lesson from this case?	<u>Line 16-17 Page 1</u>
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	<u>Line 21-45 Page 1-2</u>
Timeline	5	Information from this case report organized into a timeline (table or figure)	_____
Patient Information	6a	De-identified demographic and other patient or client specific information	<u>Line 48-49 Page 2</u>
	6b	Chief complaint—what prompted this visit?	<u>Line 48-49 Page 2</u>
	6c	Relevant history including past interventions and outcomes	<u>Line 46-52 Page 2</u>
Physical Exam	7	Relevant physical examination findings	<u>Line 54-60 Page 2</u>
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	<u>Line 60-61 Page 2</u>
	8b	Diagnostic reasoning including other diagnoses considered and challenges	<u>Line 61-62 Page 2</u>
	8c	Consider tables or figures linking assessment, diagnoses and interventions	<u>Line 61-62 Page 2</u>
	8d	Prognostic characteristics where applicable	_____
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	<u>Line 98-139 Page 3-4</u>
	9b	Intervention administration such as dosage, frequency and duration	<u>Line 135-139 Page 4</u>
	9c	Note changes in intervention with explanation	_____
	9d	Other concurrent interventions	_____
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	<u>Line 141-142 Page 4</u>
	10b	Important follow-up diagnostic evaluations	<u>Line 141-142 Page 4</u>
	10c	Assessment of intervention adherence and tolerability, including adverse events	_____
Discussion	11a	Strengths and limitations in your approach to this case	<u>Line 192-215 Page 6</u>
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	<u>Line 217-266 Page 6-7</u>
	11c	How does this case report suggest a testable hypothesis?	<u>Line 268-304 Page 7-8</u>
	11d	Conclusions and rationale	<u>Line 306-314 Page 8-9</u>
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	_____
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	_____
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	_____